

## Summer Food Program



### FREE SUMMER MEAL

COMIDA GRATUITA EN EL VERANO

For: Anyone 18 and younger



## Summer Food Program Serves Record Number of Meals

This is the twenty-third year of community outreach for Lincoln-Lancaster County Health Department through the Summer Food Program for Children. There were 31 feeding sites in 2003 with delivery of 35,354 meals serving eligible children; 12,304 breakfasts and 23,050 lunches. This is an average of 740 meals per day over the 48 days.

# PUBLIC HEALTH

touches everyone in the community

FISCAL YEAR 2002-2003

## Lincoln on the Move



The Lincoln on the Move Program works to expand existing partnerships and to develop new partnerships to promote physical activity, good nutrition, and oral health programs. To achieve this goal, the Lincoln on the Move Program partners with the Lincoln Parks and Recreation Program, the Lincoln Journal-Star, Lincoln Public and Parochial Schools, worksites, churches, and senior centers to encourage individuals and families to make healthy choices related to their physical activity level, their nutritional habits and their oral health practices. One way of accomplishing increased exercise was through the use of pedometers. Individuals were encouraged to reach a personal goal of 10,000 steps each day.

## Early Development Services Coordination



Last year, the Early Services Coordination Program served a record number of children in the history of the program.

Referrals were up nearly 18% over last year. The primary referral source is parents as the primary care givers to their infants. To keep public awareness high about disability issues and early access to services, the program engages in a number of outreach and public education activities in collaboration with the Lincoln Public Schools and other agencies.

The program continues to coordinate training for child care providers focusing on children with disabilities. A total of 395 participants received training this year.



## Child Passenger Safety

Motor vehicle crashes remain the leading cause of unintentional injury related death for children 14 years of age and under in Lancaster County. Heightened public awareness of this potential danger has greatly increased the public's interest in receiving child passenger safety (CPS) information and services. LLCHD responded to this need through development of the Lincoln-Lancaster County Child Passenger Safety Committee. This committee is comprised of eight individuals from four organizations who share the commitment to ensure the safety of child passengers in our community.

## HEALTHY HOMES



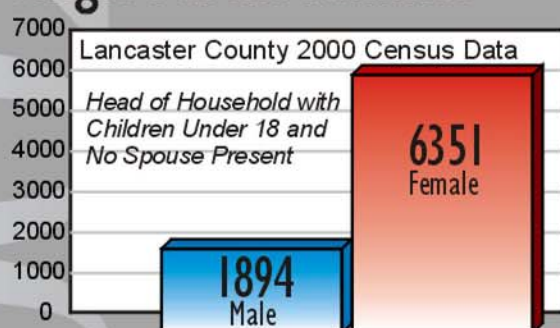
LINCOLN-LANCASTER COUNTY  
HEALTH DEPARTMENT

PROMOTING THE HEALTH OF  
PEOPLE OF ALL CULTURES.  
A PROGRAM SERVING  
PREGNANT WOMEN,  
INFANTS & FAMILIES.

## Healthy Homes

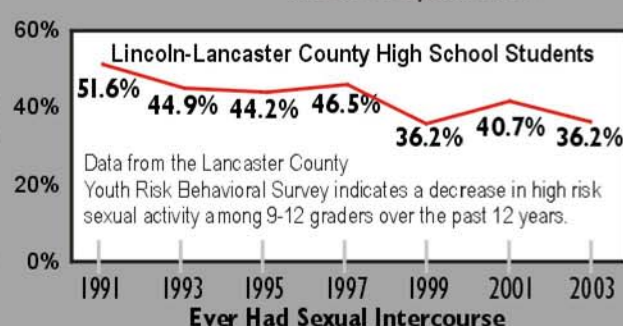
The Healthy Homes Program continues to serve pregnant women and women with young children of many cultures. The combined caseload of the African American, Hispanic, Vietnamese, and American Indian Outreach Specialists is more than 140 clients with a significant increase in the past year in referrals of Spanish speaking women. Outreach Specialists assist women and infants with health care access and basic material needs. Women can shop at the Teddy Bear Cottage with points earned by practicing healthy behaviors and purchase baby care items.

## Single Parent Families



Source:  
Lincoln-Lancaster County  
Health Department

## Trend in Adolescent Sexual Intercourse



TEENAGE PREGNANCY PREVENTION COALITION

## Community Coalitions Address Teenagers' Health

The Health Department participates in several community coalitions that are dedicated to the health of teenagers and a reduction in high risk behaviors. The Teenage Pregnancy Prevention Coalition was formed to deter teenage pregnancy and prevent the negative effects of adolescent child bearing. The Lincoln Fatherhood Coalition exists to enhance communication and collaboration among member agencies as they strive to strengthen families by increasing public awareness about the importance of fathers in the lives of their children.